

Good morning:

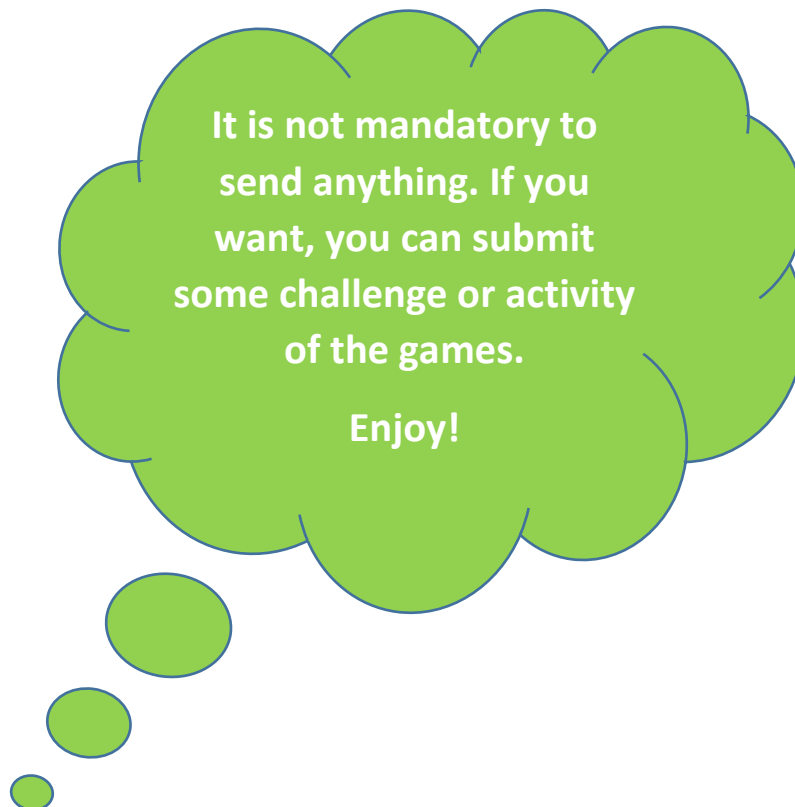
Today I propose two games that I found to move your body. They are easy and you can play it with your family. Although, every exercise and movement you do would be perfect.

Remember that you can go to the street to practice, but... Respect the rules and be careful!

LET'S GO!

Tasks:

1. "Trivial EF": In the next link you can find the game and the board, you will only need chips and a dice. You can print it or play it on a Tablet with the board on the screen.
 - a. https://drive.google.com/file/d/1Rq_QHlzYLTbFersdxCb2sCLMJkrF2mmM/view?usp=sharing
2. "Muévetef": It is a similar game to "El Juego de la Oca" and it is played online.
 - a. Link: <https://view.genial.ly/5e73b3c24aba9c1b7b82bc6c/game-muevetef>



Para resolver las dudas que tengas, puedes contactar conmigo en el siguiente e-mail: alberto.bermejo@sanviatorvalladolid.com